



# Opportunity with the Honouring Life Program

## The Opportunity

Alberta Health Services and the University of Calgary are partnering to build the research capacity of Indigenous community members to help inform culturally appropriate and safe approaches as part of the Honouring Life program. Honouring Life is a life promotion and suicide prevention program developed to support First Nation, Métis and Inuit peoples by building capacity in mental wellness, resiliency, and healthy lifestyle promotion.

This opportunity is for young adults (ages 18-24) interested in building their research skills in the topic area of Indigenous life promotion. An Indigenous PaCER graduate will mentor this cohort of up to 6 students. Successful applications will receive accredited training on conducting research through the University of Calgary, will co-design and conduct a research project. Furthermore an Indigenous PaCER Graduate has agreed to mentor these students.

## Due Date

Applications are due by January 11, 2021 by 4:00 pm MST on for up to 6 positions available.

## Eligibility

To be eligible for participation you should meet the following criteria:

- Be between the ages of 18-24
- Preference will be given to applicants that self-identify as Indigenous
- Interested in Indigenous life promotion
- Be interested in learning how to conduct research
- Be able to attend the weekly Phase 1 (January to March 2021) is scheduled Wednesdays from 4-7pm via Zoom
- Have approximately 160 hours to commit to the project between January-December 2021
- Have access to a computer and high-speed internet

## Compensation

A monthly stipend of \$500 is available for each student from January to December 2021. Tuition for the course will be paid by the Indigenous Wellness Core.

Research grant funding will cover the full cost of your training and any expenses related to your research project.

## Time Commitment

Participation is estimated at **approximately 160 hours between January and December 2021** as outlined below. Phase 1 consists of online course work between January-March. In Phase 2, you will work with the course instructor, other young adults, and our research team in designing your research project and securing approval from the Research Ethics Board. In Phase 3, you will collect data and then prepare a final report.

<p><b>Theoretical Foundations In Patient And Community Engagement Research</b></p> <p>CPE 221   40 Hours   <b>Online</b> January – March 2021</p> <p>The first course teaches theoretical foundations in a research theory that focuses on factors that support human health and well-being, rather than disease. The course also focuses on the patient narrative and patient engagement research.</p>	<p><b>Practicum In Research Consultation And In Patient And Community Engagement Research</b></p> <p>CPE 219   40 Hours   <b>Online</b> April – June 2021</p> <p>The second course teaches co-design and qualitative research methods. Participants will apply their learning by submitting a research ethics protocol based on their proposed research project and co-design work.</p>	<p><b>Internship In Conducting Patient And Community Engagement Research</b></p> <p>CPE 220   80 Hours   <b>Field work</b> September – December 2021</p> <p>The final course requires participants answer a specific research question by conducting a research project with a group of patients.</p>
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## How to Get Involved

Please complete the questions on the following page and email to [Kienan.Williams@ahs.ca](mailto:Kienan.Williams@ahs.ca) no later than January 11<sup>th</sup> 2021.

Following your submission of this form you will be invited to attend a web-based meeting with our research team where you can ask any outstanding questions and we can get to know you better.

If you have any questions or concerns about this opportunity, please contact:

### **Kienan Williams**

Assistant Scientific Director, Indigenous Wellness Core, Alberta Health Services

Cell: (403) 863-6947

Email: [Kienan.Williams@ahs.ca](mailto:Kienan.Williams@ahs.ca)



## Expression of Interest

**Name:**

**Your Current Age (Must be 18-24):**

**Email Address:**

**Phone Number:**

Please tell us a little about yourself. Why are you interested in this opportunity, and how would it contribute to your future educational or career plans?

# Become Involved in Patient-Engaged Research

Complete the Patient and Community Engagement Research (PaCER) Training Program and add your voice to health research projects, planning and policy.

If you have lived experience with a health condition and would like to contribute your voice in health planning and health promotion, you may be interested in becoming a patient researcher through the PaCER Training Program.

The Patient and Community Engagement Research Training Program (PaCER) teaches patients how to conduct research with, by and for patients in their communities. PaCER enables patients to tell their stories with the goal of incorporating research-informed patient voices into health system research, planning and policy.

## Why get involved

Join this program if you are:

- Living with various health conditions and would like to use your own experience to influence health planning and health promotion
- Open to learning about patient-engaged research
- Interested in conducting patient-engaged health research

## What do PaCER researchers do?

By completing the PaCER Training Program, you become connected to a large network of professionals who work on research projects related to patient-engaged research. **As a patient researcher you may become involved in research in the following ways:**

- Join research teams to engage patients in health research
- Work as a patient engagement researcher in healthcare, health charities, clinics, and patient education
- Consult with healthcare teams, decision-making bodies and funding panels
- Share results of patient-engaged research through presentations and publications

PaCER graduates may work on health research projects, in research teams and are supported through Alberta Strategy for Patient Oriented Research (AbSPORU)\* Patient Engagement Platform based at the University of Calgary in identifying these opportunities.

\* For information about AbSPORU visit [absporu.ca](http://absporu.ca)



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# PaCER Training Program

Offered through the University of Calgary Continuing Education, the Certificate in Patient and Community Engagement Research is a three-course program that teaches 160 hours of patient-engagement research content over twelve months. Access to a computer and a reliable Internet connection are required.

## Courses

### THEORETICAL FOUNDATIONS IN PATIENT AND COMMUNITY ENGAGEMENT RESEARCH

CPE 221 | 40 Hours | Online

The first course teaches theoretical foundations in theories related to salutogenesis — a health research theory that focuses on factors that support human health and well-being, rather than disease. The course also focuses on the patient narrative and patient engagement research.

### PRACTICUM IN RESEARCH AND CONSULTATION SKILLS IN PATIENT AND COMMUNITY ENGAGEMENT RESEARCH

CPE 219 | 40 Hours | Online

The second course teaches co-design and qualitative research methods. Participants will apply their learning by submitting a research ethics protocol based on their proposed research project and co-design work.

### INTERNSHIP IN CONDUCTING PATIENT AND COMMUNITY ENGAGEMENT RESEARCH

CPE 220 | 80 Hours | Online and field work

The final course requires participants answer a specific research question by conducting a research project with a group of patients.

## Online Learning Resources

Your course content will be delivered using Desire2Learn (D2L), the University of Calgary learning management system. Live online synchronous sessions will take place via Zoom.

## Tuition

Enable patients to tell their stories with the goal of incorporating research-informed patient voices into health system research, planning and policy

